

**Some people prefer to spend their lives doing the same things and avoiding change. Others, however, think that change is always a good thing.**

**Discuss both these views and give your own opinion.**

Changes are one part of the living of all creatures especially humans due to technological ~~cales~~ developments, but there are two different ways of dealing with them. On the one hand, many people have got used to doing their routines and changes are not pleasant to them, but on the other hand, there are some people looking for a single spark to become different or having different lives.

~~However~~ although, every days ~~is are~~ full of events, many people ~~took~~ adopt an unchangeable, strict lifestyle. They look to a change as a revolution, and evade any incoming invader of their belongings ~~invader~~. These kinds of people think they are living in their utopia or they do not deserve any better life.

~~Whereas~~ however, ~~either~~ whether internal changes or external changes are very welcome to some people's lives. They can adapt to any situation that happens, so when a big event happens and ~~effects~~ affects many ~~livings~~ lives they are able to pick a proper decision to deal with the new situation and it leads to being updated. And also by being up-to-date they can have more opportunities, so those chances may cause better income, thus quality of their lives ~~welfare~~ will be improved. And this improvement has positive effect on their happiness and satisfaction. Therefore, they can do their job better and this loop will be continued.

Finally, nowadays with such a rate of advancement in every aspects of life, people should be ready for any occurrence which ~~have~~ has positive or negative effects in their lives, so being positive about changes is a good and effective approach to life.